

中国 CHINA



新东方  
NEW EASTERN TRAVEL

8天7晚

# 重庆 + 武隆 + 恩施

CHONGQING WULONG ENSHI  
LCN8CE

保证  
无购物  
纯玩品质游  
NO SHOPPING STOP

黔江  
QIANJIANG

利川  
LICHUAN

龙缸  
LONGGANG

云阳  
YUNYANG

# 8天7晚 重庆武隆 + 恩施大峡谷

LCN8CE



李子坝轻轨穿楼 LIZIBA LIGHT RAIL

## DAY 01 吉隆坡 - 重庆 (机上用餐)

集合于吉隆坡国际机场，乘机前往被誉为“山城之美，山水之美”的城市——重庆。抵达后，入住酒店休息。

酒店：重庆五登酒店或同级\*

## DAY 02 重庆 - 武隆 (早餐/午餐/晚餐)

早餐后，您将体验**皇冠大扶梯**，这是重庆作为城市公共交通之一的超长自动扶梯，现为中国第一长的单体坡地自动扶梯。之后前往网红打卡地**李子坝轻轨穿楼**，体验空中单轨列车穿越居民楼的奇景。它在建筑物之间穿行而过的独特设计令人叹为观止。接着前往**磁器口古镇**，这是一座保存完好的古老城镇，以其悠久的历史 and 独特的文化景观而闻名，这里保留了许多古老的建筑和传统的手工艺品。午餐后，前往武隆。

酒店：武隆依云度假酒店或同级\*

## DAY 03 武隆 - 黔江 (早餐/午餐/晚餐)

早餐后，游览**仙女山国家森林公园 (含小火车)**。该公园以其美丽的自然风光而闻名，包括森林、瀑布、溪流、洞穴和山峰。在这里，您可以感受大自然的宁静与美丽。接着前往**武隆天生三桥 (含环保车+电梯+出口电瓶车)**，这是一处天坑地貌景观，也是自然桥景观，深度超过500米，是世界上最大的天坑之一。午餐后继续前往黔江，夜晚欣赏**风雨廊桥**的夜景。其夜景如梦如幻，仿佛置身于童话世界。灯火辉煌，绚丽多彩的霓虹灯点缀在桥身，映衬出桥边的树木和河水，如诗如画般的美景令人陶醉。

酒店：黔江巴茅岛酒店或同级\*

## DAY 04 黔江 - 恩施 (早餐/午餐/晚餐)

早餐后，前往以独特的山水风光、古老的建筑和丰富的文化底蕴而闻名的**濯水古镇**。您可以在这里漫步古街巷、欣赏古桥流水，感受古镇的宁静与韵味。之后，驱车前往**蒲花暗河景区 (含游船 + 交换车)**。这里以清澈的地下河水和独特的地下溶洞景观而闻名。乘坐船只在地下河道上游览，沿途欣赏奇特的钟乳石、石笋和石花，感受壮观的地下世界。午餐后前往恩施，游览**恩施女儿城**，这是一座历史文化古城，土家族文化代表，以古朴建筑的独特风情著称。

酒店：恩施奥山雅阁酒店或同级\*

## DAY 05 恩施 - 利川 (早餐/午餐/晚餐)

早餐后，前往**恩施大峡谷七星寨景区 (含环保车 + 上行索道 + 下行电扶梯)**。该景区以险峻的山峦、壮观的峡谷和奇特的岩石形态而闻名，是自然风光与地质奇观的完美融合。因其形状酷似七颗星星而得名，以壮美的自然景观和独特的地质奇观著称。这里山势险峻，峡谷深幽，有着陡峭的悬崖和奇特的岩石形态。午餐后，前往利川入住酒店休息。

酒店：利川鹭岛国际酒店或同级\*

## DAY 06 利川 - 龙缸 - 云阳 (早餐/午餐/晚餐)

早餐后，前往龙缸，游览**龙缸国家地质公园 (含电瓶车)**。您可以沿着**绝壁栈道**徒步，欣赏峡谷的壮丽景色，感受壮观的自然风光。在建在峡谷之上的**玻璃栈道**上，您可以体验身临其境的刺激感受，并欣赏峡谷底部壮丽的风景。犹如天空之花的**云端廊桥**将建筑与自然融为一体，造型似一朵花蕾在云中绽放，是独特的人文景观。悬挑的玻璃廊桥似凤头，与龙缸遥相呼应。游览结束后，前往云阳。

酒店：云阳明宇尚雅酒店或同级\*

## DAY 07 云阳 - 长寿 - 重庆 (早餐/午餐/ -)

早餐后，前往长寿。随后游览**长寿古镇**，这是一座历史悠久、文化积淀丰厚的古镇。它因地处长寿山下而得名，是一处保存完好的明清古建筑群。这里有古老的街巷、精美的建筑、古朴的庙宇和独特的民俗文化。午餐后返回重庆，游览**洪崖洞古建筑群**夜景。夜晚时分，洪崖洞古建筑群被灯光照亮，华灯初上，整个景区呈现出迷人的夜色。您也能在一条集购物、美食、娱乐为一体的商业步行街——**解放碑步行街**上购物。这里周边环境优美，解放碑、纪念碑等重庆标志性建筑林立。

酒店：重庆大世界君亭酒店或同级\*

## DAY 08 重庆 - 吉隆坡 (机上用餐)

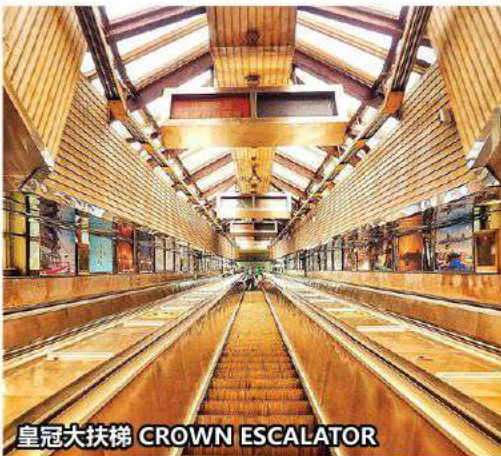
早餐后，按约定时间集合于重庆机场，乘搭航班返回吉隆坡，结束这段难忘的旅程。



仙女山森林公园火车  
FAIRY MOUNTAIN NATIONAL  
FOREST PARK



武隆天生三桥  
WULONG TIANKENG THREE  
BRIDGES SITE



皇冠大扶梯 CROWN ESCALATOR

备注：

行程若更改，需受公司的条款与细则所约束。

顾客尤其需注意以下事项：(1)在公司无法控制的情况下，行程可能更改。(2)指定城市的住宿需视客房供应情况而定。(3)行程顺序可能更改。

(4)不同团体可能合并成一团。(5)若有更改不被接受，需遵守条款与细则中的退款规定。

# 8D7N CHONGQING WULONG ENSHI

## DAY 01 KUALA LUMPUR - CHONGQING (Meals on Board / Dinner)

Assemble at Kuala Lumpur International Airport for flight to Chongqing. Upon arrival, check into the hotel and rest.

Hotel: Chongqing Word Hotel or Similar\*

## DAY 02 CHONGQING - WULONG (Breakfast / Lunch / Dinner)

After breakfast, you will experience the **Crown Escalator**, one of Chongqing's urban public transportation marvels and the longest single-unit inclined automatic escalator in China. After that, experience the wonder of the aerial monorail passing through residential buildings in **Liziba Light Rail**, an internet celebrity check-in spot. Next, proceed to **Ciqikou Ancient Town**. It is a well-preserved ancient town famous for its long history and unique cultural landscape, where many ancient buildings and traditional handicrafts have been preserved. After lunch, proceed to Wulong.

Hotel: Wulong Yi Yun Holiday Hotel or Similar\*



## DAY 03 WULONG - QIANJIANG (Breakfast / Lunch / Dinner)

After breakfast, visit **Fairy Mountain National Forest Park (including mini train)**. The park is famous for its beautiful natural scenery, including forests, waterfalls, streams, caves and mountain peaks, where you can feel the tranquility and beauty of nature. Transfer to **Wulong Tiankeng Three Bridges Site (include eco-friendly vehicle + elevators + battery cars)**. It is one of the largest tiankeng in the world with a depth of more than 500m. After lunch, continue to Qianjiang River and enjoy the night view of the **Wind and Rain Bridge**.

Hotel: Qianjiang Bamaodao Hotel or Similar\*

## DAY 04 QIANJIANG - ENSHI (Breakfast / Lunch / Dinner)

After breakfast, proceed to visit **Zhuoshui Ancient Town**, which is famous for its unique landscapes, ancient buildings and rich cultural heritage. Here you can stroll through the ancient streets and feel the tranquility and charm of the ancient town. Then, transfer to **Puhua River Scenic Area (including cruise ship + exchange car)**. Take a boat trip on the underground river and enjoy the beautiful scenery and experience the spectacular underground world. After lunch, proceed to Enshi. **Enshi Daughter City** is an ancient historical and cultural city, a representative of Tujia culture and a unique style of simple architecture.

Hotel: Enshi Argyle Hotel or Similar\*



## DAY 05 ENSHI - LICHUAN (Breakfast / Lunch / Dinner)

After breakfast, proceed to **Enshi Grand Canyon Qixingzhai Scenic Area (include eco-friendly vehicle + cableway + escalator)**. Famous for its magnificent natural landscape and unique geological wonders, it is named after its shape that resembles seven stars. After lunch, go to Lijiang and check into the hotel to rest.

Hotel: Lichuan Ludao International Hotel or Similar\*

## DAY 06 LICHUAN - LONGGANG - YUNYANG (Breakfast / Lunch / Dinner)

After breakfast, go to Longgang and visit **Longgang National Geopark (including battery car)**. You can hike along the **Glass Cliff Walk**, enjoy the magnificent scenery of the canyon, feel and enjoy the breathtaking spectacular natural scenery, and experience on the **Glass Plank Road** built above the canyon. Like a flower in the sky, the **Cloud Covered Bridge** shaped like a cultural landscape like a bud blooming in the clouds. After the tour, head to Yunyang.

Hotel: Yunyang Galaxy Minyoun Hotel or Similar\*



## DAY 07 YUNYANG - CHANGSHOU - CHONGQING (Breakfast / Lunch / -)

After breakfast, transfer to **Longevity Ancient Town**. It is a well-preserved ancient building complex of the Ming and Qing Dynasties. Return to Chongqing after lunch. Enjoy the night view of the **Hongya Cave Ancient Building**. At night, the buildings are illuminated, presenting a charming nocturnal scenery. Then, visit **Jiefangbei Pedestrian Street**, a commercial area that combines shopping, food, and entertainment.

Hotel: Chongqing Grand World Hotel or Similar\*

## DAY 08 CHONGQING - KUALA LUMPUR (Meals on Board)

After breakfast, transfer to Chongqing Airport and take the flight back to Kuala Lumpur.

### Remarks:

Revisions, if any, in itinerary are subject to the Company's Terms and Conditions. In particular, the Customer is requested to note the following: (1) Itinerary may be subject to change due to circumstances beyond the Company's control. (2) Accommodation in designated cities is subject to room availability. (3) Sequence of itinerary may be subject to change. (4) Different tour groups may be merged. (5) Proposed changes, if any, that are not accepted will be subject to the refund provisions set out in the Terms and Conditions.



风雨廊桥 WIND AND RAIN BRIDGE

 **旅游亮点**  
**TOUR HIGHLIGHTS**

**重庆**

- 皇冠大扶梯
- 李子坝轻轨穿楼
- 磁器口古镇
- 洪崖洞古建筑群
- 解放碑步行街

**CHONGQING**

- Crown Escalator
- Liziba Light Rail
- Ciqikou Ancient Town
- Hongya Cave Ancient Buildings
- Jiefangbei Pedestrian Street

**武隆**

- 仙女山国家森林公园
- 武隆天生三桥

**WULONG**

- Fairy Mountain National Forest Park
- Wulong Tiankeng Three Bridges Site

**黔江**

- 风雨廊桥
- 濯水古镇
- 蒲花暗河景区

**QIANJIANG**

- Wind and Rain Bridge
- Zhuoshui Ancient Town
- Puhua River Scenic Area

**恩施**

- 恩施女儿城
- 恩施大峡谷七星寨景区

**ENSHI**

- Enshi Daughter City
- Enshi Grand Canyon Qixingzhai Scenic Area

**龙缸**

- 龙缸国家地质公园
- 绝壁栈道 + 玻璃栈道 + 云端廊桥

**LONGGANG**

- Longgang National Geopark
- Glass Cliff Walk + Glass Plank Road + Cloud Covered Bridge

**长寿**

- 长寿古镇

**CHANGSHOU**

- Longevity Ancient Town

 **包含 17 餐**  
**17 MEALS INCLUDED**

- 6 早餐 Breakfasts
- 6 午餐 Lunches
- 5 晚餐 Dinners

 **特色餐点**  
**SPECIALTY MEAL**

- 火锅自助餐 Hot Pot Buffet
- 长江鱼 Yangtze River Fish
- 利川合渣风味 Lichuan Hezhao Flavor
- 摔碗宴 Bow Bowl Banquet
- 黔江鸡杂风味餐  
Qianjiang Chicken Mixed Flavor Meal

 **独特体验**  
**EXCLUSIVE EXPERIENCES**

- 体验网红打卡地 [李子坝轻轨] “轻轨穿楼” 的景观
- 网红打卡景点美如画的 [洪崖洞] 灯火辉煌, 古朴典雅的景色
- 游览据说美景曾吸引了仙女下凡的 [仙女山国家森林公园]
- [玻璃栈道] 感受在悬崖峭壁上悬空透明栈道的刺激感
- 感受世界上最长的户外观光扶梯, 穿越了山城陡峭地形的 [皇冠大扶梯]

- Experience the “Light Rail through Buildings” phenomenon at **Liziba Light Rail**
- Explore the picturesque **Hongya Cave**, with its splendid lights and quaint elegance
- Visit the enchanting **Fairy Mountain National Forest Park**, rumored to have attracted celestial beings
- Feel the adrenaline excitement on the **Glass Plank Road**
- Ride the world’s longest outdoor sightseeing **Crown Escalator**

\*若中英文行程版本出现不符之处, 将以中文版本为依据。\*图片仅供参考。 \*Pictures shown are for illustration purpose only.



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